



# 2025 CSA is a SNAP Member Commitment Form

Enjoy 22 weeks of freshly harvested, biodynamically raised vegetables, herbs, and flowers! Along with your share, you will also receive a weekly email with our list of what's fresh from the fields, stories from the farm, and recipes shared by the farmers and your CSA community.

### **Becoming a Part of Our Farm**

Community Supported Agriculture (CSA) is a relationship between our farm and you as our customer. Rather than simply purchasing food, our customers who become "members" of this CSA farm receive a portion of the farm's harvest. Our CSA runs for 22 weeks, from June 17<sup>th</sup> to November 10<sup>th</sup>. Members are responsible for showing up at the farm each week to pick up your share of freshly harvested produce.

### **About Our Farm/Our Growing Practices**

We are located at the site of one of the first biodynamic gardens in North America (1926), the Pfeiffer Center (now Threefold Community Farm) was founded in 1996 to practice, teach, and raise awareness of biodynamics. Biodynamics is a holistic approach which uses only organic, usually locally-sourced materials for fertilizing and soil conditioning. All our produce is grown without using chemical fertilizers.

We care for forty acres of land on which we cultivate vegetables, herbs, seeds, and flowers, create our own fertility through composting, rotationally graze and cut hay for Rockland County's only dairy herd and raw milk creamery, and steward a small apiary. Your purchase of a share in our CSA directly supports our educational programming and our community-based biodynamic farm.

### The Products We Expect for 2025

The chart below outlines some of the vegetables we hope to grow and when you may see them in your share. This chart is based on our best estimate, but of course weather, pests, and other events will affect actual production.

Month Harvested	Example Crops
June	Lettuce, Peas, Leafy greens, Scallions, etc.
July	Carrots, Green beans, Tomatoes, Culinary & Tea herbs, etc.
August	Peppers, Cucumbers, Onions, Corn, Zucchini, etc.
September - November	Beets, Kale, Collard Greens, Winter Squash, Potatoes, etc.

### Quantities, Availability, and Risk

We work hard all year to prepare the soil, grow the plants, pull the weeds, and harvest the fruits of our labor for your enjoyment. Sometimes that results in bumper crops and sometimes Mother Nature has other plans. Crops and quantities may be affected by erratic weather, which in turn could lead to weed, insect, and fungal pressures. Deer and groundhogs love our crops just as much as you do and sometimes they manage to get into the fenced in fields! In addition, we are an educational farm, hosting many learners with varying levels of ability. Within typical seasonal rhythms, your baskets will be overflowing at some points, and sometimes they will be a little lighter.

## **Pickup**

NEW!!! Market Style Pick-up. **Pick-up days are every Tuesday from June 17th to November 10th between 3:30 - 6:30 pm.** Please come to our 101 Ackertown Road, Monsey location and don't forget your reusable bags! The CSA shed will be set up in a farmer's market style. Please check the board to see what's available and how many pounds/pieces of each item you may take. Please allow extra time for selecting and packing your produce, and of course for socializing with other members! If you're unable to come during the normal pick-up time, your share will be packed for you and you can arrange for an alternate day/time by calling/texting Megan (843) 670-1837.

### **CSA** is a **SNAP** Member Fees

**Shareholder Information:** 

Typically, CSA memberships are sold in advance of the start of the season, which reduces the burden of up-front costs for our farm. Advance payments provide us with money to purchase the seeds, equipment and other supplies that farming requires at the start of the season. However, we recognize that this up-front payment is not possible for many customers, and is not allowable under SNAP guidelines (customers cannot pay for food with SNAP more than two weeks in advance of receiving it). As a SNAP customer, you can still contribute to our farm's financial success. By committing to a full-season membership of 22 weeks, CSA members paying with SNAP can help create more financial stability and predictability for our farm.

We are committed to offering CSA shares at a 50% discount for customers paying with SNAP in 2025. This 50% discount is made possible by our farm's participation in CSA is a SNAP, a program of the Hudson Valley CSA Coalition, facilitated by Glynwood, and supported by the Gus Schumacher Nutrition Incentive Grant Program (GusNIP) grant no. 2023-70415-41205 from the USDA National Institute of Food and Agriculture.

In order to receive the 50% discount, CSA members must receive SNAP benefits through New York State, and have an Electronic Benefits Transfer (EBT) card. To check your EBT card balance or manage your EBT card go to: <a href="mailto:connect.ebt.com">connect.ebt.com</a> or check the ConnectEBT App on your mobile device. To find out if you are eligible to receive SNAP benefits in New York State go to: <a href="mailto:ny.gov/services/apply-SNAP">ny.gov/services/apply-SNAP</a>. We cannot offer this discount to shares paid for with cash or any other form of payment.

CSA is a SNAP members pay weekly with their EBT cards. **Please remember to bring your EBT card** with you each time you pick up your CSA share.

# Member Name(s) Address City, State, ZIP Home/Cell Phone Work Phone Email (please print clearly) We will use this to send you a weekly farm newsletter How did you hear about our CSA? □ I commit to purchasing 22 share(s) at \$ 18 per share/week Questions about the CSA? Call Megan Durney at (843) 670-1837 Please fill out this form and save it. Either send the filled-out PDF form to csa@threefoldcommunityfarm.org or

print and mail the filled-out form to Threefold Community Farm, 260 Hungry Hollow Rd, Chestnut Ridge, NY

Date

### **Threefold Community Farm**

10977, or fax the form to 845-352-5071.

Shareholder Signature: I agree to the terms described herein

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